



**Supplement Facts** Serving Size: 1 gel strip, Servings Per Container: 24, Amount Per Serving: **Calories** 0, **Total Carbohydrates** 0g (0% DV), **Melatonin** 1mg (†).

\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

**Directions:** For best results, dissolve 1 gel strip on tongue before bedtime.

Store in a cool, dry place.

**Questions or Comments**

Tel 1.801.407.5200

**Other Ingredients:** Hypromellose, Water, Glycerin, Natural Flavors, Soluble Fiber, Microcrystalline Cellulose, Corn Starch, Sucralose, Polysorbate 80, Acacia Gum.

**Warning:** Consult a doctor before using this product. Use only at bedtime. Do not take this product if you are taking any prescription medications. Not intended for persons under 18 years of age. Keep out of reach of children. Carrying case may present a choking hazard.